THE LEMON GROVE REVIEW

SPORTS WEEKLY EAST COUNTY

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East County AYSO stars shine during annual tournament

by Michael Krawczak

Each year at this time, the best soccer players from the fall AYSO season are selected and are quickly assembled into all-star teams to represent their hometowns in the Area V All-Star Tournament. With several of the stellar young athletes still fresh from League Championship Tournament action the week before, all-star pool play took place across East County Jan. 24 and 31, with semifinal and final matches played on Feb. 1.

La Mesa dominated the Div. 3 Boys tournament at Lakeside, outscoring its opponents, 45-3, including a 12-0 semifinal victory over El Cajon and a 5-1 win over Lakeside in the final.

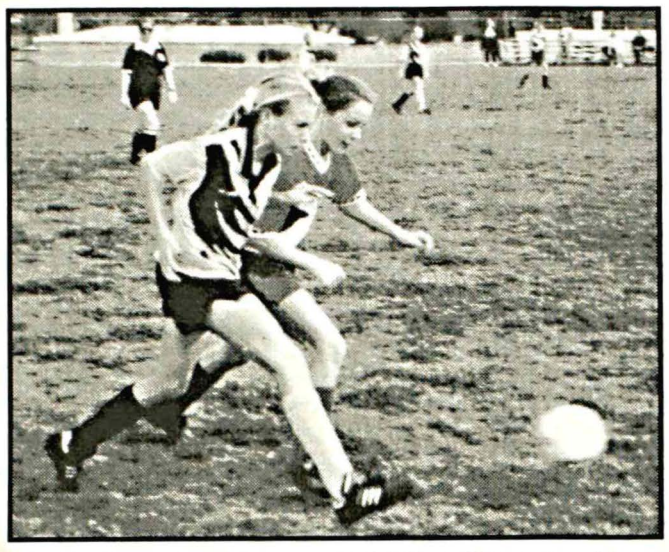
Coach Ed Lewis praised goalkeepers Jimmy Riley and Bradley Lewis. Ben Clark, Eric DeDonato, Paul Brueninger, Lucas Hart and David Trebil played excellent midfield and defensive positions.

Goals were scored by Aaron Garcia (17), Trevor Pike (10), Michael Iafe (7), Bobby Martin (4), Marcus Johnson (2), Andrew Swaner (2), Johnny Pierce (2) and David Riley (1).

With a single La Mesa entry representing the best of a division of 140 boys, Lewis acknowledged his team's inherent advantage. In light of many one-sided scores, Lewis was particularly pleased to receive comments from opposing coaches about his team's good sportsmanship.

Lakeside Coach Craig Smith credited La Mesa's stronger midfield with allowing it to jump out to an early 3-0 lead in the final. Evan Smith headed in a corner kick from Miguel DeLamora for a Lakeside goal. Despite several near misses, Lakeside failed to score again and La Mesa added two more goals, to win, 5-1.

At El Cajon, Santee defeated Lakeside, 5-1, to take the Div. 3 Girls title. Shalyn McCarter scored Lakeside's lone goal on a penalty kick. Lakeside Coach Steve Lincoln noted the contributions of defender Jennifer Brownlow, sweeper Jade Lincoln and goalkeeper Amanda Nelson.



Shoulder to shoulder, players on AYSO Div. 4 Girls try to gain possession of the ball during Area V All Stars final at Prospect School in Santee. La Mesa (yellow/black) defeated Lakeside, 1-0 in double overtime.

Photo by Mike Krawczak

In the Div. 4 Boys final at Jamul, La Mesa defeated the Santee Gummy Bear Kids, 1-0, in a rematch of an earlier pool game which La Mesa also won, 3-2. In the semifinal match against their fellow Santeeans, the Gummy Bear Kids overcame an early own-goal, to win 4-1.

Ryan Bartholomew scored the tying goal and assisted on the go-ahead. Brian Dunne and Tom Wiley also added goals in the semifinal. In a 8-0 pool victory over El Cajon, Dunne scored four goals. Gummy Bear Kids Coach Dennis Dunne singled out the efforts of goalkeeper Kyle Taylor and center defender Bryan Watters.

In a final that went to double overtime, Katie McCoy scored off an assist from Kristin Ritchie with one minute remaining to give La Mesa Dynamite a 1-0 victory over El Cajon and the Div. 4 Girls championship at Santee. Dynamite edged La Mesa's other all-star team, 2-1, in the semifinal.

The Dynamite defense, anchored by Michelle Freeman, Sherrisse Reik, Alicia Martes and Kristine Fredricks, allowed only one goal through six tournament contests. Goalkeeper Joy Bland held El Cajon scoreless through the two overtime periods. Midfielders Bryna Neill, Erin Pike, Rebecca Ganster, Andrea Pundeff and Michelle Pitts consistently kept the ball on their opponents' end of the field.

Dynamite Coach Ed Hire successfully used a strategy of rotating his midfielders with forwards Melinda Miller-Rider, Anna Christensen and Brittany Neill to keep fresh legs in key positions

The Div. 5 Boys tournament at La Mesa produced an all-Santee final. Tied 3-3 after regulation and scoreless through two overtime periods, the Scorpions edged the Sidewinders in a shootout, 2-1.

For the Scorpions, Jonathan Johnson scored twice in regulation and added another goal in the shootout. Midfielder Ryan Spencer had an outstanding tournament. Coach Mark Tomlin also singled out Jesse LaFuse and Matthew Keup for anchoring the Scorpion defense. "It was an entire team effort throughout the tournament," Tomlin stated. "Every kid came through."

At Alpine, Lakeside Girls In Blue defeated El Cajon, 2-0, in the Div. 5 Girls final. Sage Gutzmer was the top Girl In Blue scorer. Goalkeepers Janelle Shaffer, Therese Nunnally and Patricia Colgan combined to guard Lakeside's net. Defenders Brooks Upchurch, Jennifer Krismer and Isela De La Mora and midfielders Samantha Morris, Kristi Brown, Briana Apparito and Jessica Hattersley combined to keep the ball on their opponent's end of the field.

Coach Joe Apparito's team played an aggressive offense, powered by forwards Megan Rumsey, Tennille Rust, Lisa Scheel and Cara Duarte.

El Cajon Coach Chris Gomez singled out midfielders Julia Gomez and Erin Connaghan for their awesome slide tackles and headers. Forward Lindsey Diaz's numerous shots on goal throughout the tournament netted three goals. Darcy Stanfill had the lone goal in El Cajon's 1-0 semifinal win over La Mesa.

In ceremonies following the finals, each player from both the champion and runner-up teams received medals. The top two teams from each division will continue on to the Tri-Area tournament Feb. 21-22, where they will face off against the best of AYSO Areas R and S. Divisional champions also advance to the Sectional tournament in March.

League Championship Wrap-up

The El Cajon Smurfs capped an undefeated regular season win a 1-0 victory over Santee, to take the Div. 3 Girls league title Jan. 25, at Lakeside. Completion of this tournament was delayed one week when rain washed out the opening weekend of pool games.

The Smurfs also edged Lakeside, 1-0, in the semifinal. During the regular season, the Smurfs outscored their opponents, 55-6. Regular goalkeeper Lindsey DiMartino allowed only two goals.

Coach Bob Gellner singled out the contributions of center midfielder Lindsey Means, center forward Heather Griffin and defender Meredith Walsh. Gellner also praised the entire defensive unit, along with assistant coach Don Means and thanked the, "great set of parents and fans."

Music, academics add to Janet Franey's fine basketball talent

by Joe Naiman

Janet Franey is the CIF San Diego Section's leading scorer this girls' basketball season, averaging 30.1 points per game following a 32-point effort Jan. 30 against Grossmont.

But the Helix senior is more than just a basketball star. Franey plays four sports for the Highlanders; during the fall season she's on the volleyball team and she splits her spring athletics between track and softball.

She also plays piano and wants to be a music major when she enters college next year. Her grade-point average of 4.67 should enable her to choose any college her family can afford.

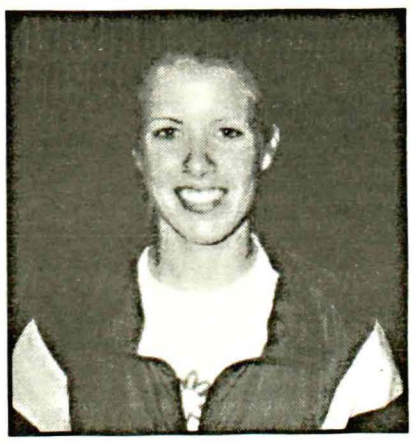
Franey enrolled in public high school after attending Saint John of the Cross. The fourth of six children, she has two older sisters who were all-CIF in tennis at Mount Miguel High School.

One of those sisters is currently attending USC while the other attends UCLA. Her older brother, John, is the punter for Harvard.

Although she didn't take to tennis like her sisters, her brother's presence on the high school basketball team in 9th grade piqued her interest in the sport. Janet, who is three years younger than John, started her organized basketball career in the recreational leagues in seventh grade.

She made Helix's varsity squad in ninth grade and the guard has been a starter since 10th grade. She said that playing for a school with winning tradition, such as Helix, provides encouragement from the faculty and administration to carry on the longstanding tradition. This causes some pressure for Franey, but she considers it a good kind of pressure.

"I always feel I have to perform to the best of my ability, because, if I'm, not there's something missing from our team," she said.



Janet Franey

Right now, it's not scoring that's missing from the Highlanders' offense. Franey's 32-point effort against Grossmont was the ninth time this season she has pumped at least 30 points into the net, and in the first game of the season she scored 50 points.

She's shooting 37 percent from the three-point line and about double that percentage from the free-throw line.

In addition to playing on the Helix varsity, Franey has also been on some traveling squads, most notably the Stars in Lemon Grove.

Barring any additional achievements this year, she said that the highlight of her prep career was two years ago when the Highlanders were playing Valhalla for the conference championship in Valhalla's gym.

With 30 seconds left in the game she made the free throw shots to put Helix ahead.

She has looked at some colleges "up north" and some Ivy League colleges, but has not yet determined where she will attend. She plans to play basketball as well as piano in college.

Lemon Grove Fire Log

Jan. 27, 1998

7100 blk. Waite Dr. Fall.
8100 blk. Broadway Ave. Assist invalid.
Glencoe Dr. Canton Dr. Traffic accident.
7100 blk. Rosemary Ln. Assist elderly.
Washington St./Alton Dr. Bicycle accident.
3100 blk. Bancroft Dr. Residential structure fire.
6900 blk. Broadway Ave. Vehicle accident.
7400 blk. Lime St. Child locked in auto.

Jan. 28, 1998

3800 blk. Harris St. Medical aid.
3700 blk. Jill Ln. Medical aid.
1400 blk. La Corta Cir. Unknown medical.
7100 blk. Stuart Ave. Ringing alarms residential.

Jan. 29, 1998

7000 blk. Berry Park Ln. Fainting.
Lemon Grove Ave./Broadway Ave. Large vehicle fire.
Yale Ave./Stanford Ave. Residential structure fire.

Tonight, an hour after sunset, the moon, approaching full, is in east with Regulus 12 degrees lower left. Tonight's full moon is named the Snow or Hunger Moon by Algonquin Indians. By an hour before sunrise on Wednesday, moon will be low in west, with Regulus within 8 degrees upper left.

Wednesday, an hour after sunset, the rising moon, just past full, is closely accompanied by Regulus within 2 degrees to its upper left. Binoculars help pick out the star in the moon's glare. As the night progresses, moon and star gradually separate. An hour before sunup on Thursday, moon is in west with Regulus about 5 degrees upper right.

Thursday, two hours after sunset, the moon is very low, just north of east, with Regulus 13 degrees upper right.

Friday, at dark sites Feb. 13 - 27, the zodiacal light appears as a huge, nearly vertical cone of dim light in west at nightfall. Mars, just above the west-southwest horizon, is 20 degrees from the sun, and Saturn is now 51 degrees from the sun. From a fantastically dark site, you may be able to trace the zodiacal light even past the Pleiades or Seven Sisters star cluster, now 95 degrees from the sun.

Saturday, at nightfall in mid-February, the Milky Way passes nearly overhead. Follow its course from Cygnus low in northwest, upward through Cepheus and Cassiopeia, through Perseus and Auriga nearly overhead, then down past the horns of Taurus and feet of Gemini and through the Winter Triangle in the southeast. The Milky Way of winter is more subtle and less bright than its summer counterpart, because as we look up toward the horns of Taurus, we are facing away from our Galaxy. If you have trouble seeing the zodiacal light or the Milky Way despite clear skies, your problem may be light pollution.

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Letters, editorial and photo submissions are welcome, but will not be returned to sender unless accompanied by self-addressed, stamped envelope.

Material can be sent via e-mail at the following address: yscmr@adnc.com.

All materials must be received by the Monday preceding the date of publication. The editor reserves the right to edit all submissions.

Advertising

All advertising is subject to current rate card. The publisher reserves the right to reject an advertiser's order.

Only publication of an advertisement shall constitute final acceptance.

Send all correspondence to: Forum Publications, Inc., P.O. Box 127, Lemon Grove, CA 91946

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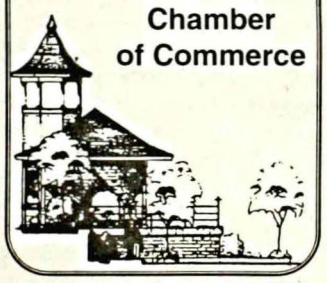


B Words

by Bob Burns

Where the action is

For the newcomers and the uninformed, a recap of the places in our town where "it's at" may well be proper. I am referring to the locations in our city where the rumors, the complaints, the hindsights and foresights are most likely to be heard.

The number #1 and #2 spots, are, as they have been, the bakery on South Main Street and Bill Ware's Barber Shop just north of Broadway on that same street. But, in all truth, there are a few more where the pulse of our town can be felt. The City Council meetings are really where such input should be manifested, but it seldom is. For some reason, they are poorly attended and, except for a few die hards, the true feelings of our populace are not registered.

On most any morning, a group assembles at Miss Donuts at around 6:30 a.m. for coffee and conversation. Sages such as Joe, Benny and Gene are joined by Steve, Gary and others to weigh the ponderous problems of the day. From Bill Clinton's peccadillos to Lemon Grove's relationship with business, all issues are cussed and discussed.

Then there is Tyler's Restaurant down on Broadway across from Saint John's. After Mass, it is full of breakfast patrons who are full of ideas about our town. I am sure that not the least of which concerns the Little Darlin's, just about a short block down the street from the church and school. Jane's Country Kitchen, a long fixture in Lemon Grove, is also a center of discussion.

I can't leave out the Food Factory, where some really heated verbal intercourse occurs. Chef Bob expounds his garrulous theories on just about everything. Christie's Donuts has it's clientele, and there are those in our area who prefer the Country Choice on Troy Street in Spring Valley.

The two VFW spots in Lemon Grove, on Lemon Grove Avenue and Federal Boulevard, are most probably more into war stories. But, they are all stalwart citizens of our town, and have plenty to say about the pot holes and other issues that face our mayor and council. Even though war has always been a deplorable part of our history, and probably always will be, it has shaped our destiny more than any other "cause" in our lives. Appreciation for those who gave their time, health and lives must be retained. We really should have a War Memorial somewhere in the center of town to celebrate the Lemon Grove guys and gals who shaped our destiny so decisively.

Dirk's Horseshoe Lounge and the Pelican Pub are centers of public opinion, even if they can't smoke as of the first of the year. And, I am sure, there are other "joints" or establishments that are replete with every protestation and advice about our town's progress. I have been accosted at the trolley depot, and clued in as to what is wrong with our town.

I would recommend that any and all of these sources be sought out, if you want to be better informed. But also, the City Council meetings are the real place to be. Attend and make your voice heard. Be aware of what is going on from the real source, and stand up to be counted. This is your town, and don't you forget it ...

Send your Fictitious Business Statement to

$35!! ***The Lemon Grove Review***

Box 127, Lemon Grove, CA 91946

(Why pay the Daily Californian $42?)

PUBLIC NOTICES

CITY OF LEMON GROVE
NOTICE ADVERTISING FOR PROPOSALS

Sealed proposals will be received at Lemon Grove City Hall located. 3232 Main Street, Lemon Grove, California, up to the hour of: 2:00 p.m., on the 24th day of February, 1998 for performing work as follows:

NOBLE STREET STORM DRAIN IMPROVEMENTS
CONTRACT NO. 97-31

PROJECT DESCRIPTION:

The work to be done consists of furnishing all materials, equipment, tools, supervision, labor, and incidentals required to complete the above stated project. The work consists of removing a 12" CMP storm drain culvert, across Noble Street, and installing an 18" HDPE storm drain culvert with inlets and junction structures between the addresses 1980 and 1976 Noble Street and 1975 and 1993 Lemon Grove Avenue, in the City of Lemon Grove.

This project has a goal of (2) percent Disabled Veterans Business Enterprises (DVBE) participation.

The bids received will be publicly opened and read at City Hall, 3232 MAin Street, Lemon Grove, CA 91945, at the time stated above. Award shall be made by the City Council at a meeting subsequent to the date above set for the opening of bids.

The bid package may be examined at the Lemon Grove City Hall, 3232 Main Street, Lemon Grove, CA. Copies of the bid package and the specifications may be obtained by calling Scantech, Inc. at (619) 495-0727 and picking them up at 7283-H Engineer Road, San Diego, CA 92111, at a cost of (approximately $13.00 per set. The mailing fee is dependent on desired method of delivery. All bidders should direct their questions during the bidding period to Carmen Kasner, John Powell & Associates at (760) 763-1120.

All work must be completed in 21 calendar days after the commencement date stated in the Notice to Proceed. No bid will be accepted from a Contractor who has not been licensed in accordance with the provisions of Chapter 9, Division III of Business and Professions Code. **The bidder for this Contract must possess a valid General Engineering Contractors 'A' License.**

The successful bidder must have a City of Lemon Grove Business License prior to commencement of work.

The City Council of Lemon Grove hereby notifies all bidders that it will affirmatively insure that any contract entered into pursuant to this advertisement for bids, that minority business enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, sex, or national origin in consideration for an award.

Attention of bidders is particularly called to the requirements of wage rates to be paid under the Contract. It should be noted by all bidders that the current State Prevailing Wage Rate Scale for the San Diego area will be required to be paid by all bidders under the conditions of the Contract. Specifically, this wage scale is the most recent "General Prevailing Wage Determination Made By The Director of Industrial Relations Pursuant To California Labor Code Division 2, Chapter 1, Part 7, Article 2, 3 and 5." It shall be the responsibility of the Prime Contractor to comply with all applicable sections of the California Labor Code including but not limited to Sections 1776 and 1777.5.

Funds for this project will be provided through the Federal Community Development Block Grant (CDBG) program. CDBG funds constitute 100 percent of the total budget.

The City Council reserves the right to reject any and all bids, any combination of bids, or any informality in a bid. Bids must be accompanied by a 10% bid bond as specified in Section 1, General Information for Bidders of the documents. No bidder may withdraw his bid without forfeiture of his bid bond within sixty (60) days after the actual date of the bid opening.

Prospective bidders are herby directed to pay particular attention to the applicable section in the specifications for full directions and requirements as to submittal of bids, bonds and agreements.

The City of Lemon Grove complies with the Americans with Disabilities Act. If you require reasonable accommodations for this bid opening, contact the City Clerk's Office, (619) 464-6934 at least 48 hours prior to the scheduled opening.

Lemon Grove Review
Feb. 3 & 10, 1998

CITY OF LEMON GROVE
NOTICE ADVERTISING FOR PROPOSALS

Sealed proposals will be received at Lemon Grove City Hall located, 3232 Main Street, Lemon Grove, California, up to the hour of: 2:00 p.m., on the 25th day of February, 1998 for performing work as follows:

LEMON GROVE'S SHERIFF'S STATION IMPROVEMENT
3240 MAIN STREET &
3225 OLIVE STREET
CONTRACT NO. 97-16

PROJECT DESCRIPTION:

The work to be done consists of furnishing all materials, equipment, tools, supervision, labor, and incidentals required to complete the above stated project. The work consists of installing and painting interior walls, stucco ceilings and doors. Replacing existing carpet and vinyl floors, removing plumbing fixtures and installing drywall framings and restroom accessories and modifying electrical and HVAC systems at the two locations above in the City of Lemon Grove. Both locations are essential services buildings and all remodeling shall conform to applicable standards.

A prebid meeting will be held at 10:00 A.M. February 17, 1998 at 3240 Main Street, site of the Lemon Grove Sheriff's Substation. The City will not consider change orders for failure to understand the conditions of the project if a representative of the low bidder is not present at the prebid meeting. No other access to the sites will be provided. The bids received will be publicly opened and read at City Hall, 3232 Main Street, Lemon Grove, CA. 91945, at the time stated above. Award shall be made by the City Council at a meeting subsequent to the date above set for the opening of bids.

The bid package may be examined at the Lemon Grove City Hall, 3232 Main Street, Lemon Grove, CA. Copies of the bid package and the specifications may be obtained by calling Scantech, Inc. at (619) 495-0727 and picking them up at 7283-H Engineer Road, San Diego, CA 92111 for a nonrefundable charge of approximately $14.00. The mailing fee is dependent on desired method of delivery. All bidders should direct their questions during the bidding period to Carmen Kasner, John Powell & Associates at (760) 753-1120.

All work must be completed in 75 calendar days after the commencement date stated in the Notice to Proceed. No bid will be accepted from a Contractor who has not been licensed in accordance with the provisions of Chapter 9, Division III of Business and Professions Code. **The bidder for this Contract must possess a valid General Building Contractors 'B' License.**

The successful bidder must have a City of Lemon Grove Business License prior to commencement of work.

The City Council of Lemon Grove hereby notifies all bidders that it will affirmatively insure that any contract entered into pursuant to this advertisement for bids, that minority business enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, sex, or national origin in consideration for an award.

Attention of bidders is particularly called to the requirements of wage rates to be paid under the Contract. It should be noted by all bidders that the current State Prevailing Wage Rate Scale for the San Diego area will be required to be paid by all bidders under the conditions of the Contract. Specifically, this wage scale is the most recent "General Prevailing Wage Determination Made By The Director of Industrial Relations Pursuant To California Labor Code Division 2, Chapter 1, Part 7, Article 2, 3, and 5." It shall be the responsibility of the Prime Contractor to comply with all applicable sections of the California Labor Code including but not limited to Sections 1776 and 1777.5.

The City Council reserves the right to reject any and all bids, any combination of bids, or any informality in a bid. Bids must be accompanied by a 10% bid bond as specified in Section 1, General Information for Bidders of the documents. No bidder may withdraw his bid without forfeiture of his bid bond within sixty (60) days after the actual date of the bid opening.

Prospective bidders are hereby directed to pay particular attention to the applicable section in the specifications for full directions and requirements as to submittal of bids, bonds and agreements.

The City of Lemon Grove complies with the Americans with Disabilities Act. If you require reasonable accommodations for this bid opening, contact the City Clerk's Office, (619) 464-6934 at least 48 hours prior to the scheduled opening.

Lemon Grove Review
Feb. 3 & 10, 1998

NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST Trustee's Sale No.: 2112-18255 Loan No.: 1275110 Title Order No: 9772195-11 Investor Loan #: 2148574 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED June 10, 1993. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE IS HEREBY GIVEN that the real property known as 2590 69th Street Lemon Grove, CA 91945 APN # 479-312-17-00 will be sold at public auction at the South entrance to the County Courthouse 220 West Broadway San Diego, CA on 03/03/1998 at 10:00 A.M., to the highest bidder, payable at the time of sale, for cash, or cashier's check drawn on a state or national bank, check drawn on a state or federal savings and loan association, savings association, or savings bank specified in Financial Code Section 5102 and authorized to do business in California. The sale will be made without covenant or warranty, express or implied regarding title, possession or encumbrances, to satisfy the obligation secured by said Deed of Trust executed by Mark A Hodge and Melchell Hodge husband and wife as Joint Tenants, as trustor, recorded 06/25/1993, as Instrument No. 1993-0405928, Book --, Page 489, of Official Records of San Diego County, California. The total amount secured by said instrument as of the time of initial publication of this notice is $199,994.51, which includes the total amount of the unpaid balance (including accrued interest) and reasonably estimated costs, expenses and advances at the time of initial publication of this notice. Dated: 02/06/1998 **Stan-Shaw Corporation**, as said Trustee, a California Corporation, 1595 Spruce Street, Riverside, CA. 92507-2421. For Sale Information: (909) 680-3646. By: Diann Thomas, Assistant Secretary. We are assisting the Beneficiary to collect a debt and any information we obtain will be used for that purpose whether received orally or in writing. ASAP305306 2/10, 2/17, 2/24

Sports Beat
with Greg Eichelberger

Hello again, sports freaks. Betcha didn't know that amongst all of the mid-season basketball, soccer and hockey that college baseball has started, did you? And, in a few days, pitchers and catchers will report to Peoria, Ariz. for Spring Training. And, as was the case last year, Forum Publications will be right there covering the event as only we know how – correctly.

Something that's ticking me off is the case of Casey Martin, who is suing the Professional Golfer's Association to let him use a cart. It's against the PGA rules, which feels that the sport is unathletic enough without opening doors for participants to ride a cart around, and for once I agree with them. It's not that I don't feel for Martin, who has a physical condition that keeps him from walking 18 holes a day, it's just that the rules say a person has to walk.

Since the new Lakeside Boys & Girls Club gymnasium (located behind Lindo Park School (12824 Lakeshore Road) opened last September, hundreds of basketball games have been played there. But now a different form of discipline is being taught. Every Wednesday, International Lei Tai champion and former Olympian (1988), **John Jimenez**, will teach folks from four years old and up, the fundamentals of martial arts. Students will be taught karate (tae kwon do), kung-fu (Northern Shaolin), kick boxing and other forms of physical fitness.

There will also be perfect attendance awards given out at the end of each semester (12 weeks). Class times are as follows: 5:30 – 6:30 p.m. – white belts – ages four to nine; 6:30 - 7:30 – yellow belts and above – ages five to nine; and 7:30 - 8:30 – yellow belts and above – ages 10 and up. The cost is just $5 per class or $25 a month. For more information, call 443-9293.

A few East County high schoolers competed in the Los Angeles Invitational Track Meet held in Los Angeles, last week. Participants included **Bryan Bartling** (Grossmont High – 500 yards), **Richard Bravin** (Valhalla – 50-meter hurdles), **Steve Johnson** (Monte Vista – triple jump), **Latanya Agurs** (Grossmont – 50-meter hurdles and high jump), **Lesley Bravin** (Valhalla – 500 yards), **Andrea Clemons** (Valhalla – 2-mile run), **Kamellah Allen** (Monte Vista – 50-yard dash) and **Heather Shurtleff** (West Hills – mile and two-mile).

For those out there who may be into high school wrestling, here are a few results from last week. Santana defeated El Cajon Valley, 39-34; El Capitan crushed winless Grossmont, 45-23 (thanks, in part, to 121 lb. Noah Newbegin's stunning 13-1 trouncing of his opponent); undefeated Valhalla destroyed Helix, 47-9; Mount Miguel edged Granite Hills, 36-32; and Monte Vista demolished West Hills, 67-9 in one of the most lopsided scores ever seen in prep grappling.

We must be famous. An article written in August about Assemblyman, as roller hockey fanatic, **Steve Baldwin**, miraculously appeared in a recent edition of the *Chula Vista Star-News*. Will our impact ever dissipate? Probably not.

Well, that's about all of the time and space I have for this week's news, but if you'd like to contribute, just give me a call (390-7103) or drop me an E-mail (ikeforum@juno.com). You'll have only yourself to blame if you don't. In the meantime, have a great sports week.

East County High Schools
Sports Schedules
(as available)

Tuesday, Feb. 10 - Tuesday, Feb. 17
(check with schools for times)

Tuesday (2/10) – *Girls Basketball* (Boys at opposite sites): Helix at Mount Miguel, Monte Vista at Granite Hills, Grossmont at El Cajon Valley, Santana at El Capitan.

Wednesday (2/11) – *Wrestling* Granite Hills at Helix, Valhalla at Monte Vista, Santana at West Hills, El Cajon Valley at El Capitan, Mount Miguel at Grossmont. *Boys Soccer* (Girls at opposite sites): Helix at Granite Hills, Valhalla at Monte Vista, El Capitan at Santana, El Cajon Valley at Grossmont.

***Thursday (2/12)** – *Girls Basketball* (Boys at opposite sites): Santana at Grossmont, West Hills at El Capitan, Helix at Monte Vista, Valhalla at Granite Hills. *Boys Soccer* (Girls at opposite sites): Monte Vista at Granite Hills, Helix at Mount Miguel, El Capitan at El Cajon Valley, Santana at West Hills.

Tuesday (2/17) – *Girls Basketball* (Boys at opposite sites):El Capitan at Grossmont, El Cajon Valley at West Hills, Granite Hills at Helix, Mount Miguel at Valhalla.

**District holiday.*

East County
Community College schedule
(as available)

Tuesday, Feb. 10 - Tuesday, Feb. 17

Tuesday (2/10) – *WOMEN'S TENNIS*: Grossmont College at USIU (scrimmage).

Wednesday (2/11) – *MEN'S BASKETBALL*: Grossmont College vs. San Diego City College. *MEN'S TENNIS*: Grossmont College at College of the Desert (scrimmage).

Thursday (2/12) – *WOMEN'S TENNIS*: Grossmont College at College of the Desert (scrimmage).

Friday, 2/13) – *BASEBALL*: Grossmont College at Victory Valley College Tournament. *SWIMMING* and *DIVING*: Grossmont College at Orange Empire Relays at Palomar College. *MEN'S TENNIS*: Grossmont College at Golden West College (scrimmage). *WOMEN'S BASKETBALL*: Grossmont College at Southwestern.

Saturday (2/14) – *MEN'S BASKETBALL*: Grossmont College vs. Mira Mesa College. *BASEBALL*: Grossmont College at Victory Valley College Tournament. *SOFTBALL*: Grossmont College at Arizona Western Tournament.

Sunday (2/15) – *SOFTBALL*: Grossmont College at Arizona Western Tournament. *MEN'S VOLLEYBALL*: Grossmont College at Santa Barbara Invitational.

Tuesday (2/17) – *BASEBALL*: Grossmont College vs. College of Eastern Utah. *WOMEN'S TENNIS*: Grossmont College at Point Loma Nazarene (scrimmage). *MEN'S TENNIS*: Grossmont College at Long Beach CC (scrimmage).

Pro bowler's enthusiasm infected fans

by Greg Eichelberger

Younger folks may not remember the name of Alvin Lou, but those familiar with professional bowling in the early 1980s will recall fondly how this animated young man took the staid pro tour by storm, winning several major tournaments and scoring big upsets over some of the sport's top names in the process.

Others will recall how his enthusiasm and winning smile caused crowds from Saint Louis to Washington, D.C. to suddenly begin chanting, "Lou, Lou, Lou!" as he made his way to over a dozen finals in a career that lasted from 1979 until 1985.

Lou, the youngest of Chinese parents (Mary and Lou Yet Hong), was raised, with his seven sisters and one brother, right here in the East County, graduating in 1972 from El Cajon Valley High School and attending Grossmont Community College and San Diego State University.

Current proprietor of the pro and bowling ball drill shop located at the Parkway Lanes in El Cajon, where he began bowling at age 12 and captured San Diego Bowler of the Year honors in 1976 and '77, the quiet athlete reminisced on how he became a professional.

"I was fully intending to become a math teacher or an engineer," he said. "But after winning several awards locally and a sponsorship deal with a few friends fell though, I decided to go it on my own."

After obtaining his PCB (Professional Coast Bowler) and PBA (Professional Bowler's Association) cards, and saving up a little money, he went pro and participated in seven tournaments in 1979.

Finishing dismally in the first six, Lou made up his mind that if he faltered in the seventh, he would give it up. However, he did bowl well, with a 300 game in the first round of the Pro-Am, and was able to make sufficient money to keep up the competition.

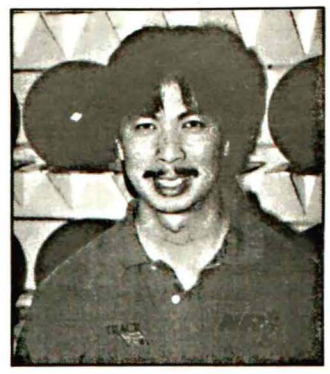
It was in the next matches that the fans saw his elation when bowling well as somewhat refreshing, compared to the ice men on the tour who betrayed no feelings, whatsoever. They also viewed him as the ultimate underdog and began the chant that would follow him for the rest of his career. He finished second in the Rookie Of The Year voting.

The next season, he won his two most valued prizes, the Rolaids Open and the Miller High Life.

In the following years, his effort to achieve consistency helped him earn more money ($39,000 in 1983), but it kept him from winning any more major tourneys.

After six years on the tour, and married (Joannie), he felt it was time to call it quits. A friend owned two pro and ball drilling shops, including the one at Parkway Bowl

Lou noted, "I needed the stability of a job close to home and my wife. In this sport, if you don't play well, you don't eat."



Alvin Lou

He added that when it was a dream and he just bowled, it was fun. When he began looking at it like a job, opting to play golf while competing in certain cities, he knew his time in the spotlight was over.

After he stopped touring, the Lous had their first child, Nathan. Justin and Brendon, followed, and then their first daughter, Sarah, was born seven months ago.

He was then able to buy the shop in 1992. He also teaches groups and individuals

Lou advises any young person seeking to go professional to eat, drink and sleep the sport. and have the desire not to give up. To contact Lou, call 449-1922.

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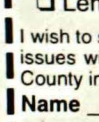

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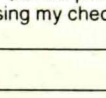

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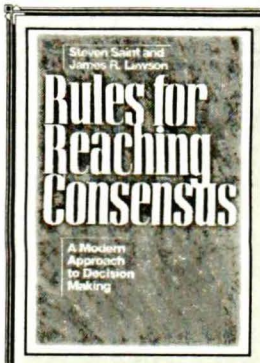

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